

## National Chip Week 9<sup>th</sup> – 15<sup>th</sup> February 2009

If ever we needed an excuse to eat more chips, this is it! Come along and visit us at Anstruther Fish Bar during National Chip Week and you could win 1 of 50 exclusive Chip Week MP3 iPods or a free bag of chips. Check out the website [www.lovechips.co.uk](http://www.lovechips.co.uk) for lots more interesting chip facts, fun and games.



### Get Chippy On A Friday Night In!

Hurray, you've made it to the end of a hectic week, and the only decision left is which takeaway to order! Will it be Chicken Tikka, Sweet and Sour Pork, Pepperoni Pizza or...the perfect portion of Fish and Chips, to enjoy on your Friday night in? It's no contest – fish and chips, a real iconic British dish, wins hands down! No need to pre-order, there is something for everyone, it's easy on the wallet, and everyone loves chips! That's why 20% of meals bought out of home on a Friday night are from a Fish and Chip shop.\* The first chippie opened over 140 years ago, and with around 11,000 fish and chip shops now open across the country, the chippie is one of Britain's national treasures.



So what better excuse to visit your favourite local chippie, than **National Chip Week 2009 (9-15 February 2009)?**

[www.lovechips.co.uk](http://www.lovechips.co.uk)

\* [www.seafish.org.uk](http://www.seafish.org.uk)